



HUMAN SERVICES COURSE DESCRIPTIONS

JOB PLACEMENT IS AVAILABLE FOR THIS MAJOR AT MAIN CAMPUS

HSV101 – Introduction to Human Welfare Services **3 credits**

This course examines the history of the theory and practice of social welfare. The historical and philosophical roots of social welfare from ancient cultures to the contemporary United States are considered. The course describes the economic and political determinants of social welfare systems.

HSV102 – Fundamentals of Case Management **4 credits**

This course examines the human needs and resources made available to assist families and individuals in need. The course describes the function of social work services in residential treatment, psychiatric services, correctional services, medical services, services for the aged and community services.

HSV 201 – Intervention Skills and Strategies **4 credits**

This course is an introduction to the theories, principles and skills of the helping process in social work practice. Students learn how to engage a client, how to do assessments, develop a treatment plan, choose appropriate interventions and follow up with both individuals and families. Students also develop skills in listening, doing intake interviews and evaluations, making referrals and writing reports. Case studies and field observations will be used to explore typical presenting problems and appropriate responses.

HSV202 – Clinical Internship **6 credits**

This course provides prospective human service workers with the opportunity to learn experientially at a human service agency in the community. This internship allows the student to see first-hand how an agency functions and experience being part of that agency. To enroll in this course, the student must have the permission of the Program Director.

SOC203 – Geriatric Sociology **3 credits**

This course examines the increasing role played by the over 60 demographic in the United States' economic, social, cultural and political systems. More specifically, the course analyzes

issues such as the impact of this age group on the family, the community, residence and health care options, the job market, and a range of policy decisions.

SOC211 – Minority Groups
credits

3

This course is an examination of the characteristics of American ethnic, racial, and religious minority groups including an examination of the effects of prejudice and the problems of these groups. (prerequisite: SOC 109)

SOC275 – Marriage and the Family -

3 credits

This course is designed to study the nature and functions of marriage and the family in contemporary society. The historical and cultural evolution of family structures and functions as well as distinctions and similarities are studied. The traditional and changing roles of women in American society are given special attention, along with the role of men and childrearing practices. Also discussed are problems of early marriage and intermarriage, mate selection theories and research, divorce, and changing sexual norms. (prerequisites: PSY111 and SOC109)

PSY111 – Introduction to Psychology

3 credits

This course is an introductory, general survey course in the study of human behavior and current and past theories. The course includes basic material on the history of psychology; principles of learning; the psychological processes of motivation, perception, emotion, and sensation; intelligence; measurement; elementary concepts of personality; frustration, and conflict; and the influence of the brain on behavior.

PSY156 – Human Development

3 credits

This course traces the development of the individual from conception through the life span, focusing on the developmental characteristics of infancy, childhood, adolescence, young and middle adulthood, and old age. Emphasis is on normal development. Theories considered are psychoanalytic, cognitive, behaviorist, humanist, and ethological. Effects and interaction of genetics and environment or nature/nurture, are emphasized. (prerequisite: PSY 111)

PSY253 – Abnormal Psychology

3 credits

This course examines past and contemporary theories of mental health and abnormality; describes symptoms of mental disorders such as anxiety and panic disorders, phobias, obsessive-compulsive disorders, mood disorders (depression and bipolar disorder), schizophrenia, dissociative disorders, and personality disorders; examines causes of each disorder; and assesses methods of treatment for each disorder. (prerequisite PSY111)

PSY260 – Introduction to Clinical Psychology

3 credits

This course introduces the student to the foundational concepts, skills, techniques and responsibilities involved in the therapeutic relationship. The course focuses on the basic elements of the therapeutic situation, including: the role of the therapist, the role of the client,

the frame of the therapeutic relationship, active listening, transference, resistance, counter-transference, and ethical issues facing the therapist.

This course will include both theoretical and concrete descriptive discussions of these concepts. We will also employ case illustrations, role-playing and experiential learning in this course.